



FRN Services are available  
to all Abertans with  
children 0-18 years of age

Kids who have  
caring adults  
in their life  
grow up to  
be more  
successful

## CONTACT US



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@FRNEC @FRNEBP

**FRN believes that positive experiences in the early years create the foundation for strong and healthy children. Additionally, children who have a healthy start in life are more likely to thrive in adulthood.**



In partnership with Alberta's  
Ministry of Community and Social  
Services

# Family Resource Network Enrichment Centre



Serving Sylvan Lake, Eckville, Benatlo  
and Surrounding area

## Child & Youth Empowerment



Serves families with children 7-18 years of age in Eckville and Benalto. Programs such as mentoring, Leaders in Training, Stressbusters, help to develop coping and problem-solving skills, and foster healthy relationships..



## Info & Referral

Can help you find programs and services available in Eckville, Benalto and surrounding areas. Support is also available to help fill out forms or contact information for counseling, housing, and other supports.



## Early Childhood Development



Serves families with children 0-7 years of age. Programs support the social-emotional development of the child and are designed to support parents in identifying developmental milestones, nurturing the parent-child relationship, and to share information on attachment and early brain development.



## Home Visitation

This program supports families with children 0 - 18 years of age. Home Visitation workers meet with families in their homes and in the community to provide information on child development, positive parenting, and the parent-child relationship.



# Our FRN Services



## Family Enrichment

Teach, coach, and support families through education workshops, one-on-one caregiver support sessions that build parenting skills, well-being, and resiliency.

